



Stay Mentally Fit

Need Counseling?

PROGRAM INCLUDES

(No Out of Pocket Cost)

- * Up To 6 Behavioral Health Visits
- * Transportation to and from Clinical Visits

ELIGIBILITY

- * Registered Uninsured Morton Patient
- * Referred by a Morton Primary Care Provider

A LITTLE KNOWN FACT...

1 in 5 adolescents and adults are affected by Behavioral Health Issues .

**THIS PROGRAM IS FUNDED BY A GRANT FROM:
THE ANNE AND HENRY ZARROW FOUNDATION**

DID YOU KNOW...

SIGNS AND SYMPTOMS OF BEHAVIORAL HEALTH ISSUES MAY INCLUDE

- * Prolonged depression
- * Social withdrawal
- * Lack of self-care
- * A sense of hopelessness
- * Extreme mood changes
- * Nervousness
- * Chronic dishonesty
- * Often appearing angry
- * Change in sleep habits
- * Change in eating habits
- * Substance abuse

**Psychiatrist and Counselors
To Serve You and Your Family**

**Schedule Your Appointment
And Transportation Today!**

918-587-2171