

New Behavioral Health Services at the East Health Center



You are not alone!

Insurance status plays a huge role in who seeks mental health care.

Are You Uninsured?

- No out of pocket cost for office visits;
- In-person visits
- Telehealth is available
- Transportation to and from clinical visits



Latino Licensed Clinical Social Worker

Counseling may be helpful if you have experienced:

- Job loss
- Anxiety
- COVID-19
- Depression
- A sense of hopelessness
- Extreme mood changes
- Nervousness
- Change in sleep habits
- Change in eating habits
- Substance abuse

“Let’s Stop The Stigma”

**It is time to have an honest conversation about
Mental Health**

Morton is here to help eliminate the cultural and language barrier for the community who seeks mental health care.

**Morton East Tulsa Family Health Center
11511 E. 21st St.
Tulsa, Oklahoma 74129
(918) 295-6185**

**This program is funded by a grant from
Blue Cross and Blue Shield**